

Welcome to the 2010 Tour de Blast!

We know you are in a hurry to start your adventure, but please read these quick reminders to help make your ride safe and enjoyable.

Mandatory Helmet Labels: It is MANDATORY that you place your number on the front of your helmet. Please keep it, and your larger t-shirt rider number visible at all times. The larger ride number is your ticket to the Pasta Feed and Hospitality along the way while the smaller label helps with identifying you in photographs that will be available later. Don't worry – the labels are removable and will not leave behind any residue.

Rules of the road: As a participant in the Tour de Blast, please keep in mind that this ride takes place on a state highway that remains open to vehicular traffic. Please take precautions for your own safety as well as those of other riders. RCW 46.61.770 prohibits riding bicycles more than two abreast upon any roadway, and requires any person operating a bicycle upon a roadway at a rate of speed less than the normal flow of traffic to ride as near to the right of the side of the lane as is safe except for appropriate turning movements or while passing. Riders should expect to see officers enforcing the law where they see violations.

Closing Times: Please pay attention to these closing times. Riders that haven't reached Elk Rock by 1:00 should plan on turning back to Toutle. Support along the ride will close at the posted times below, and are subject to change.

- Registration Table – 9:30 a.m.
- Johnston Ridge – 2:30 p.m.
- Elk Rock – 3:30 p.m.
- Hoffstadt Bluffs – 4:00 p.m.
- Pasta Feed – 5:00 p.m.
- The ride is officially over at 5:00 pm and ALL support for this ride will end at this time.

Inclement Weather Policy: Weather can change at a moment's notice, and with various elevation changes. If inclement weather exists an emergency tent will be located at Coldwater Lake, approximately one mile below the Visitor Center (which is closed).

Emergency Tips: If you need bike repair Bob's Pedal Power will be located at the school early in the morning until 9am and then will move to Elk Rock for the duration of the ride. Sag Wagons are also available on the road for alternate transportation needs. **You can ID the Sag Wagons by a flashing amber strobe light in the front and rear windows of the CAP, Monticello Park, and Canterbury vans.** Each pit stop and Sag Wagon is equipped with a first aid kit for minor cuts and scrapes. Rotarians and Gold Wing members are available along the ride, and most are equipped with radios for emergencies. Emergency response vehicles will also be patrolling the entire route.

Have a safe and enjoyable ride!

Thank you from all the Tour de Blast volunteers.