



# The most spectacular sponsored ride in America!

**Presented Saturday  
June 17<sup>th</sup> 2017**

**by the Longview Rotary Club  
in support of local and international charitable causes.**

## ***A dramatic ride for all levels of bicycle enthusiasts!***

**Experts** - 135K ride to Johnston Ridge and back

**Intermediate** - 100K ride to Elk Rock Viewpoint and back

**Novice** - 50K fun ride to Hoffstadt Bluff Rest Area and back.

You can expect:

- Stunning views
- Challenging course for all levels of riders
- Lots of parking
- Multiple rest stops with healthy food, plenty of water, and sanitary facilities
- Sag wagons for broken bikes and weary riders
- Hot showers
- Celebratory pasta feed upon returning to the start/finish line

To register mail a completed copy of this form and the appropriate entry fee to: Tour de Blast Registration  
Box 1105, Longview,  
WA 98632

*Please make checks payable to The Rotary Foundation*

**Registration is limited to the first 2500 registrants!**

All riders will enjoy food, drink and support during the ride as well as our famous end-of-ride pasta feed.

**\$55** - For riders choosing not to purchase a Tek shirt.

**\$75** - Registration fee includes a commemorative moisture wicking Tek shirt (must be received by May 31<sup>st</sup> for a Tek shirt)

**\$95** - Late Registration - For registrations postmarked later than June 13, 2017 (does not include Tek shirt)

**\$10** - For an additional \$10 you can reserve a campsite for the night of June 16th. Please check the website to confirm the camping location.



**For more info go to  
[www.tourdeblast.com](http://www.tourdeblast.com) or email  
[support@tourdeblast.com](mailto:support@tourdeblast.com)**

## **Mail-in Registration Form**

\_\_\_\_\_  
Name Home Phone Age

\_\_\_\_\_  
Street Address Cell Phone E-mail Address

\_\_\_\_\_  
City State/Province Postal Code Country

Shirt Option:  No shirt  Ex-Large  
(select one)  Small  2X Large  
 Medium  3X Large  
 Large

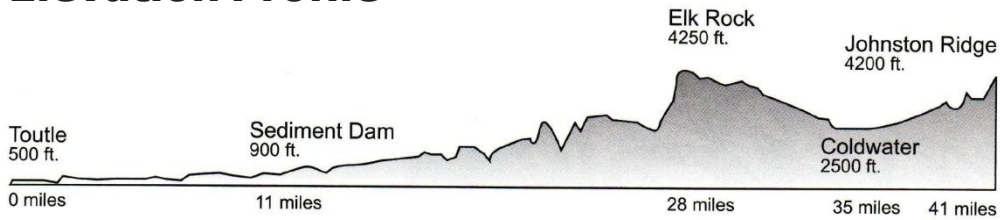
Camping  No  
Option:  Yes - Add \$10.00

I understand that I am applying to ride in an open highway ride of 50Km, 100Km, or 135Km, my choice, and that all risks and hazards, foreseen and unforeseen, that I encounter on the day of the ride are taken at my own peril and assumed by me. I recognize that the ride is strenuous and that I have had the necessary training and experience to participate in the ride. I understand that the ride will be on public highways used by motor vehicles and that participants must obey the laws of the State of Washington related to bicycles on the public highways. I hereby release and discharge the State of Washington, the Washington State Transportation Commission, the Washington State Department of Transportation, the Washington State Patrol, the U.S. government and their officers, agents, and employees from all claims, demands, and causes of action of whatever kind whatsoever for damages and/or injuries that result from my participation in the Tour de Blast, involving the state highways. I further grant full unqualified permission to use my photographs, name, or comments relative to the Tour de Blast ride for any publicity or promotion of the ride without any obligation to me or liability to the sponsors. **This event is authorized under a special-use permit issued by the U.S. Forest Service.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Guardian

# Elevation Profile



## Elevation gain and degree of difficulty

The elevation gain from the start line at Toutle to Elk Rock (28 miles) is approximately 3,700 feet.

From there, the highway descends 1,270 ft. over five miles to Coldwater Lake (elevation 2,530 feet). Then riders begin a nine mile climb of 1,670 feet to the Johnston Ridge viewpoint and Turn around.

A rider going all the way to Johnston Ridge and back to Toutle will climb a total of over 8,000 vertical feet, more than 82 miles (135K), including the climb back up from Coldwater Lake to Elk Rock.

## Help Preserve this Living Laboratory:

Help protect this volcanic landscape! Please enjoy your visit to Mount St. Helens and adhere to the following regulations within this restricted area:

1. Stay on the trails and paved areas: Off trail is prohibited.
2. Bicycles are not permitted in or around buildings, only in designated event locations.
3. Removal and/or disturbance of any natural feature (rocks, sticks, plants) is not allowed. Please respect and preserve this "living laboratory" so future visitors can experience the "natural changes" occurring on the landscape and not the impacts of a few misguided individuals.

## Facts and other important information to know before you go!

**Getting there** - Toutle is located on SR 504, about 17 miles from I-5 off exit 49.

**Start/Finish** - The ride starts and finishes at Toutle Lake High School in Toutle, WA. The start line is open from 6:30 am to 9:30 am. An end-of-the-ride pasta feed is from 11 am to 5 pm.

**The Ride** - Ride the road into the Mount St. Helens blast zone! The Spirit Lake Memorial Highway winds its way up the Toutle Valley to the Johnston Ridge viewpoint directly across from Mount St. Helens' crater.

**Support** - This is an open highway ride. Rotarians will monitor the course and alert riders to danger. Most of the course is on relatively new highway with wide shoulders and good visibility. There are frequent pit stops stocked with food, fruit, beverages, and facilities for registered riders. Hot showers are available at the end of the ride at Toutle Lake High School. Bring your own towels.

**Registration** - Complete the registration form and return it with your registration fee. Be sure to sign the waiver. NO riders will be permitted to ride without a signed waiver, or a CPSC, SNELL, ASTM or ANSI approved helmet.

**Late Registration** - Registration postmarked after June 13<sup>th</sup>, 2017 are considered late. Late registration is \$95 (no Tek shirt)

**Ride Packets and Tek Shirts** - all ride packets and Tek shirts may be picked up at Toutle Lake High School on ride day.

**Refund Policy** - We do not give refunds, but riders may sell or give their Tour de Blast registration to others. New riders must go to the registration area on ride day and sign a new ride waiver and hold harmless form.

NON-PROFIT  
U.S. POSTAGE  
PAID  
RIDGEFIELD, WA  
PERMIT NO. 94

Tour de Blast  
Rotary Foundation of Longview  
P.O. Box 1105  
Longview, WA 98632

